Anthem Blue Cross: MEC 9000; Rx MEC 9000

Coverage Period: 10/1/2024 - 9/30/2025 Coverage for: Individual/Family | Plan Type: PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, you can get the complete terms in the policy or plan document at www.anthem.com/ca/sisc or by calling 1-855-333-5730. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary or call 1-855-333-5730 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$9,000 per individual / \$18,000 per family.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible</u> ?	Yes. <u>Preventative care</u> services are covered before you meet your <u>deductible</u>	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive</u> <u>services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/.
Are there other deductibles for specific services?	No.	You must pay all of the costs for these services up to the specific <u>deductible</u> amount before this <u>plan</u> begins to pay for these services.
What is the <u>out-of-</u> <u>pocket limit</u> for this <u>plan</u> ?	For <u>network providers</u> : \$9,000 individual / \$18,000 family for medical.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit</u> ?	Copayments for certain services, premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Will you pay less if you use a <u>network</u> <u>provider</u> ?	Yes. For a list of <u>network providers</u> , see www.anthem.com/ca/sisc or call 1-855-333-5730.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider</u> 's charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.

Common Medical	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other
Event		<u>Network Provider</u> (You will pay the least)	Out-of-network provider (You will pay the most)	Important Information
	Primary care visit to treat an injury or illness	No charge after deductible is met	Billed charges exceeding <u>out-of-network</u> fee schedule.	None
If you visit a health care <u>provider</u> 's office or clinic	Specialist Visit	No charge after deductible is met	Billed charges exceeding <u>out-of-network</u> fee schedule.	None
or chine	Preventive care/screening/immunization	No Charge <u>Deductible</u> does not apply	Not Covered	None
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	No charge after deductible is met	Not Covered	None
ii you nave a test	Imaging (CT/PET scans, MRIs)	No charge after deductible is met	Billed charges exceeding <u>out-of-network</u> fee schedule.	Coverage limited to \$800 for <u>out-of-network providers</u> .
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.navitus.com	Generic drugs	No charge after deductible is met	Member must pay the entire	Some narcotic pain medications and cough medications require the regular retail copayment at Costco and 3 times the regular copayment at Mail.
	Preferred brand drugs	No charge after deductible is met	cost up front and apply for reimbursement. Net cost may be greater than if member uses an in-network provider.	If a brand drug is dispensed when a generic equivalent is available, then the member will be responsible for the generic copayment plus the cost difference between the generic and brand.
	Specialty drugs	No charge after deductible is met	Not Covered	Member must use Navitus Specialty Rx. Supplies of more than 30 days are not allowed
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	No charge after deductible is met	Billed charges exceeding <u>out-of-network</u> fee schedule.	In-network hospital benefit limitations: Arthroscopy: \$4,500/procedure Cataract Surgery: \$2,000/procedure Colonoscopy: \$1,500/procedure Upper GI Endoscopy w/Biopsy: \$1,250/procedure Upper GI Endoscopy w/o Biopsy: \$1,000/procedure

Common Medical	Services You May Need	What You Will Pay		Limitations Everytions 9 Other
Event		<u>Network</u> <u>Provider</u> (You will pay the least)	Out-of-network provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
				Coverage is limited to \$350/day for out-of-network Ambulatory Surgery Centers.
	Physician/surgeon fees	No charge after deductible is met	Billed charges exceeding <u>out-of-network</u> fee schedule.	None
If you need immediate	Emergency room care	No charge after deductible is met	No charge after <u>deductible</u> is met	\$100 <u>Copayment</u> waived if admitted. You are responsible for billed charges exceeding maximum <u>allowed amount</u> for <u>out-of-network providers</u> .
medical attention	Emergency medical transportation	No charge after deductible is met	No charge after <u>deductible</u> is met	None
	Urgent care	No charge after deductible is met	Billed charges exceeding <u>out-</u> <u>of-network</u> fee schedule.	None
If you have a hospital stay	Facility fee (e.g., hospital room)	No charge after <u>deductible</u> is met	Billed charges exceeding <u>out-of-network</u> fee schedule.	The maximum <u>plan</u> payment for non- emergency hospital services received from a non-preferred hospital is \$600 per day. Members are responsible for all charges in excess of \$600. Failure to prior authorize may result in reduced or nonpayment of benefits.
	Physician/surgeon fees	No charge after deductible is met	Billed charges exceeding <u>out-of-network</u> fee schedule.	None
If you need mental health, behavioral	Outpatient services	No charge after deductible is met	Billed charges exceeding <u>out-</u> <u>of-network</u> fee schedule.	None
health, or substance abuse services	Inpatient services	No charge after deductible is met	Billed charges exceeding <u>out-of-network</u> fee schedule.	This is for facility professional services only. Please refer to your hospital stay for facility fee.
If you are pregnant	Office visits	No charge after deductible is met	Billed charges exceeding <u>out-of-network</u> fee schedule.	Cost sharing does not apply for preventative services. Depending on the type of services, a copayment, coinsurance, or deductible may apply. Maternity care may include tests and

Common Medical	Services You May Need	What You Will Pay		Limitations Evacutions 9 Other
Event		<u>Network Provider</u> (You will pay the least)	Out-of-network provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
				services described elsewhere in the SBC (i.e. ultrasound.)
	Childbirth/delivery professional services	No charge after deductible is met	Billed charges exceeding <u>out-of-network</u> fee schedule.	None
	Childbirth/delivery facility services	No charge after deductible is met	Billed charges exceeding <u>out-of-network</u> fee schedule.	Non-Preferred facility are subject to a maximum benefit payment up to \$600 per day.
If you need help recovering or have other special health needs	Home health care	No charge after deductible is met	Billed charges exceeding <u>out-of-network</u> fee schedule.	Coverage is limited to a total of 100 visits, In-network Provider and Non-Network Provider combined per calendar year (one visit by a home health aide equals four hours or less; not covered while member receives hospice care). In-network and Non-Network services count towards your limit. Subject to utilization review.
	Rehabilitation services	No charge after deductible is met	Not Covered	Subject to medical necessity review administered by American Specialty Health (ASH).
	Habilitation services	No charge after deductible is met	Not Covered	
	Skilled nursing care	No charge after deductible is met	Billed charges exceeding <u>out-of-network</u> fee schedule.	Coverage for Inpatient rehabilitation and skilled nursing services is limited to a combined total of 150 days per calendar year for services received from In-network & Non-Network providers. For Non-Network providers, limited \$600/Day. Subject to utilization review.
	Durable medical equipment	No charge after deductible is met	Not Covered	Subject to utilization review. Therapeutic shoes & inserts for members with diabetes (2 pairs each/calendar year).
	Hospice services	No charge after	Billed charges exceeding out-	None

Common Medical		What You Will Pay		Limitations, Exceptions, & Other
Event	Services You May Need	Network Provider (You will pay the least)	Out-of-network provider (You will pay the most)	Important Information
		deductible is met	of-network fee schedule.	
If your child needs dental or eye care	Children's eye exam	Not Covered	Not Covered	None
	Children's glasses	Not Covered	Not Covered	None
	Children's dental check-up	Not Covered	Not Covered	None

Excluded services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)			
Cosmetic surgery	• Long-term care	• Routine eye care (Adult/Child)	
Dental care (Adult/Child)	• Routine foot care	 Services not deemed <u>medically necessary</u> 	
Infertility treatment	Private -duty nursing	Weight loss programs	

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)			
Acupuncture	Bariatric surgery	Chiropractic care	
Hearing aids			

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or cciio.cms.gov. Other coverage options may be available to you, too, including buying individual insurance coverage through the Health insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information on how to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact:

Anthem BlueCross Or Contact: Department of Labor's Employee Benefits

ATTN: Appeals Security Administration at P.O. Box 4310 Security Administration at 1-866-444-EBSA(3272) or Woodland Hills, CA 91365-4310 www.dol.gov/ebsa/healthreform

Does this plan provide Minimum essential coverage? Yes

Minimum essential coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum essential coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum value standards? Yes

If your plan doesn't meet the Minimum value standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Si no es miembro todavía y necesita ayuda en idioma español, le suplicamos que se ponga en contacto con su agente de ventas o con el administrador de su grupo. Si ya está inscrito, le rogamos que llame al número de servicio de atención al cliente que aparece en su tarjeta de identificación.

如果您是非會員並需要中文協助,請聯絡您的銷售代表或小組管理員。如果您已參保,則請使用您 ID 卡上的號碼聯絡客戶服務人員。

Kung hindi ka pa miyembro at kailangan ng tulong sa wikang Tagalog, mangyaring makipag-ugnayan sa iyong sales representative o administrator ng iyong pangkat. Kung naka-enroll ka na, mangyaring makipag-ugnayan sa serbisyo para sa customer gamit ang numero sa iyong ID card.

Doo bee a'tah ni'liigoo eí dooda'í, shikáa adoołwoł íínízinigo t'áá diné k'éjíígo, t'áá shoodí ba na'ałníhí ya sidáhí bich'į naabídííłkiid. Eí doo biigha daago ni ba'nija'go ho'aałagíí bich'į hodiilní. Hai'daa iini'taago eíya, t'áá shoodí diné ya atáh halne'ígíí ní béésh bee hane'í wólta' bi'ki si'niilígíí bi'kéhgo bich'į hodiilní.

아직 가입하지 않았거나 한국어로 된 도움말이 필요한 경우 영업 관리자나 그룹 관리자에게 문의하시기 바랍니다. 이미 가입한 경우 ID 카드에 있는 번호를 사용하여 고객 서비스에 문의하시기 바랍니다.

Nếu quý vị chưa phải là một hội viên và cần được giúp đỡ bằng Tiếng Việt, xin liên lạc với đại diện thương mãi của quý vị hoặc quản trị viên nhóm. Nếu quý vị đã ghi danh, xin liên lạc với dịch vụ khách hàng qua việc dùng số điện thoại ghi trên thẻ ID của quý vị.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

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About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$9,000
■ Specialist coinsurance	0%
Hospital (facility) coinsurance	0%
Other coinsurance	0%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700	
In this example, Peg would pay:		
Cost sharing		
<u>Deductibles</u>	\$9,000	
<u>Copayments</u>	\$0	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$60	
The total Peg would pay is	\$9,060	

Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

The plan's overall deductible	\$9,000
Specialist coinsurance	0%
Hospital (facility) coinsurance	0%
Other <u>coinsurance</u>	0%

This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)

<u>Diagnostic tests</u> (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

Total Example Cost	\$5,600		
In this example, Joe would pay:			
<u>Cost sharing</u>			
<u>Deductibles</u>	\$5,400		
Copayments	\$0		
Coinsurance	\$0		
What isn't covered			
Limits or exclusions	\$20		
The total Joe would pay is	\$5,420		

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$9,000
■ Specialist coinsurance	0%
■ Hospital (facility) coinsurance	0%
Other coinsurance	0%

This EXAMPLE event includes services like:

<u>Emergency room care</u> (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800
In this example, Mia would pay:	
<u>Cost sharing</u>	
<u>Deductibles</u>	\$2,800
Copayments	\$0
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$2,800